# How to Make Biomass Energy Sustainable Again

From the Neolithic to the beginning of the twentieth century, coppiced woodlands, pollarded trees, and hedgerows provided people with a sustainable supply of energy, materials, and food.



Image: Pollarded trees in Germany. Image: René Schröder (CC BY-SA 4.0).

## How is Cutting Down Trees Sustainable?

Advocating for the use of biomass as a renewable source of energy – replacing fossil fuels – has become controversial among environmentalists. The comments on the previous article, <u>which discussed</u> <u>thermoelectric stoves</u>, illustrate this:

- "As the recent film Planet of the Humans points out, biomass a.k.a. dead trees is not a renewable resource by any means, even though the EU classifies it as such."
- "How is cutting down trees sustainable?"
- "Article fails to mention that a wood stove produces more CO2 than a coal power plant for every ton of wood/coal that is burned."
- "This is pure insanity. Burning trees to reduce our carbon footprint is oxymoronic."
- "The carbon footprint alone is just horrifying."
- "The biggest problem with burning anything is once it's burned, it's gone forever."
- "The only silly question I can add to to the silliness of this piece, is where is all the wood coming from?"

In contrast to what the comments suggest, the article does not advocate the expansion of biomass as an energy source. Instead, it argues that already burning biomass fires – used by roughly 40% of today's global population – could also produce electricity as a by-product, if they are outfitted with thermoelectric modules. Nevertheless, several commenters maintained their criticism after they read the article more carefully. One of them wrote: "We should aim to eliminate the burning of biomass globally, not make it more attractive."

Apparently, high-tech thinking has permeated the minds of (urban) environmentalists to such an extent that they view biomass as an inherently troublesome energy source – similar to fossil fuels. To be clear, critics are right to call out unsustainable practices in biomass production. However, these are the consequences of a relatively recent, "industrial" approach to forestry. When we look at historical forest management practices, it becomes clear that biomass is potentially one of the most sustainable energy sources on this planet.

## **Coppicing: Harvesting Wood Without Killing Trees**

Nowadays, most wood is harvested by killing trees. Before the Industrial Revolution, a lot of wood was harvested from living trees, which were *coppiced*. The principle of coppicing is based on the natural ability of many broad-leaved species to regrow from damaged stems or roots – damage caused by fire, wind, snow, animals, pathogens, or (on slopes) falling rocks. Coppice management involves the cutting down of trees close to ground level, after which the base – called the "stool" – develops several new shoots, resulting in a multi-stemmed tree.



Image: A coppice stool. Credit: Geert Van der Linden.



Image: A recently coppiced patch of oak forest. Credit: Henk vD. (CC BY-SA 3.0)



Image: Coppice stools in Surrey, England. Credit: Martinvl (CC BY-SA 4.0)

When we think of a forest or a tree plantation, we imagine it as a landscape stacked with tall trees. However, until the beginning of the twentieth century, at least half of the forests in Europe were coppiced, giving them a more bush-like appearance. <sup>1</sup> The coppicing of trees can be dated back to the stone age, when people built pile dwellings and trackways crossing prehistoric fenlands using thousands of branches of equal size – a feat that can only be accomplished by coppicing. <sup>2</sup>





Maps: The approximate historical range of coppice forests in the Czech Republic (above) and in Spain (below). Source: "Coppice forests in Europe", see  $\frac{1}{2}$ 

Ever since then, the technique formed the standard approach to wood production – not just in Europe but almost all over the world. Coppicing expanded greatly during the eighteenth and nineteenth centuries, when population growth and the rise of industrial activity (glass, iron, tile and lime manufacturing) put increasing pressure on wood reserves.

## **Short Rotation Cycles**

Because the young shoots of a coppiced tree can exploit an already well-developed root system, a coppiced tree produces wood faster than a tall tree. Or, to be more precise: although its photosynthetic efficiency is the same, a tall tree provides more biomass below ground (in the roots) while a coppiced tree produces more biomass above ground (in the shoots) – which is clearly more practical for harvesting. <sup>3</sup> Partly because of this, coppicing was based on short rotation cycles, often of around two to four years, although both yearly rotations and rotations up to 12 years or longer also occurred.





Images: Coppice stools with different rotation cycles. Credit: Geert Van der Linden.

Because of the short rotation cycles, a coppice forest was a very quick, regular and reliable supplier of firewood. Often, it was cut up into a number of equal compartments that corresponded to the number of years in the planned rotation. For example, if the shoots were harvested every three years, the forest was divided into three parts, and one of these was coppiced each year. Short rotation cycles also meant that it took only a few years before the carbon released by the burning of the wood was compensated by the carbon that was absorbed by new growth, making a coppice forest truly carbon neutral. In very short rotation cycles, new growth could even be ready for harvest by the time the old growth wood had dried enough to be burned.

In some tree species, the stump sprouting ability decreases with age. After several rotations, these trees were either harvested in their entirety and replaced by new trees, or converted into a coppice with a longer rotation. Other tree species resprout well from stumps of all ages, and can provide shoots for centuries, especially on rich soils with a good water supply. Surviving coppice stools can be more than 1,000 years old.

## **Biodiversity**

A coppice can be called a "coppice forest" or a "coppice plantation", but in reality it was neither a forest nor a plantation – perhaps something in between. Although managed by humans, coppice forests were not environmentally destructive, on the contrary. Harvesting wood from living trees instead of killing them is

beneficial for the life forms that depend on them. Coppice forests can have a richer biodiversity than unmanaged forests, because they always contain areas with different stages of light and growth. None of this is true in industrial wood plantations, which support little or no plant and animal life, and which have longer rotation cycles (of at least twenty years).



Image: Coppice stools in the Netherlands. Credit: K. Vliet (CC BY-SA 4.0)



Image: Sweet chestnut coppice at Flexham Park, Sussex, England. Credit: Charlesdrakew, public domain.

Our forebears also cut down tall, standing trees with large-diameter stems – just not for firewood. Large trees were only "killed" when large timber was required, for example for the construction of ships, buildings, bridges, and windmills. <sup>4</sup> Coppice forests could contain tall trees (a "coppice-with-standards"), which were left to grow for decades while the surrounding trees were regularly pruned. However, even these standing trees could be partly coppiced, for example by harvesting their side branches while they were alive (*shredding*).

#### **Multipurpose Trees**

The archetypical wood plantation promoted by the industrial world involves regularly spaced rows of trees in even-aged, monocultural stands, providing a single output – timber for construction, pulpwood for paper production, or fuelwood for power plants. In contrast, trees in pre-industrial coppice forests had multiple purposes. They provided firewood, but also construction materials and animal fodder.

The targeted wood dimensions, determined by the use of the shoots, set the rotation period of the coppice. Because not every type of wood was suited for every type of use, coppiced forests often consisted of a variety of tree species at different ages. Several age classes of stems could even be rotated on the same coppice stool ("selection coppice"), and the rotations could evolve over time according to the needs and priorities of the economic activities.



Image: A small woodland with a diverse mix of coppiced, pollarded and standard trees. Credit: Geert Van der Linden.

Coppiced wood was used to build almost anything that was needed in a community. 5 For example, young willow shoots, which are very flexible, were braided into baskets and crates, while sweet chestnut prunings, which do not expand or shrink after drying, were used to make all kinds of barrels. Ash and goat willow, which yield straight and sturdy wood, provided the material for making the handles of brooms, axes, shovels, rakes and other tools.

Young hazel shoots were split along the entire length, braided between the wooden beams of buildings, and then sealed with loam and cow manure – the so-called wattle-and-daub construction. Hazel shoots also kept thatched roofs together. Alder and willow, which have almost limitless life expectancy under water, were used as foundation piles and river bank reinforcements. The construction wood that was taken out of a coppice forest did not diminish its energy supply: because the artefacts were often used locally, at the end of their lives they could still be burned as firewood.



Image: Harvesting leaf fodder in Leikanger kommune, Norway. Credit: Leif Hauge. Source: 19

Coppice forests also supplied food. On the one hand, they provided people with fruits, berries, truffles, nuts, mushrooms, herbs, honey, and game. On the other hand, they were an important source of winter fodder for farm animals. Before the Industrial Revolution, many sheep and goats were fed with so-called "leaf fodder" or "leaf hay" – leaves with or without twigs.  $\frac{6}{2}$ 

Elm and ash were among the most nutritious species, but sheep also got birch, hazel, linden, bird cherry and even oak, while goats were also fed with alder. In mountainous regions, horses, cattle, pigs and silk worms could be given leaf hay too. Leaf fodder was grown in rotations of three to six years, when the branches provided the highest ratio of leaves to wood. When the leaves were eaten by the animals, the wood could still be burned.

## **Pollards & Hedgerows**

Coppice stools are vulnerable to grazing animals, especially when the shoots are young. Therefore, coppice forests were usually protected against animals by building a ditch, fence or hedge around them. In contrast, *pollarding* allowed animals and trees to be mixed on the same land. Pollarded trees were pruned like coppices, but to a height of at least two metres to keep the young shoots out of reach of grazing animals.



Illustration: Different ways of lopping trees. Credit: Helen J. Read, see  $\frac{1}{2}$ 



Image: Pollarded trees in Segovia, Spain. Credit: Ecologistas en Acción.

Wooded meadows and wood pastures – mosaics of pasture and forest – combined the grazing of animals with the production of fodder, firewood and/or construction wood from pollarded trees. "Pannage" or "mast feeding" was the method of sending pigs into pollarded oak forests during autumn, where they could feed on fallen acorns. The system formed the mainstay of pork production in Europe for centuries. <sup>2</sup> The "meadow orchard" or "grazed orchard" combined fruit cultivation and grazing — pollarded fruit trees offered shade to the animals, while the animals could not reach the fruit but fertilised the trees.



Image: Forest or pasture? Something in between. A "dehesa" (pig forest farm) in Spain. Credit: Basotxerri (CC BY-SA 4.0).



Image: Cattle grazes among pollarded trees in Huelva, Spain. (CC BY-SA 2.5)



Image: A meadow orchard surrounded by a living hedge in Rijkhoven, Belgium. Credit: Geert Van der Linden.

While agriculture and forestry are now strictly separated activities, in earlier times the farm was the forest and vice versa. It would make a lot of sense to bring them back together, because agriculture and livestock production – not wood production – are the main drivers of deforestation. If trees provide animal fodder, meat and dairy production should not lead to deforestation. If crops can be grown in fields with trees, agriculture should not lead to deforest farms would also improve animal welfare, soil fertility and erosion control.

## **Line Plantings**

Extensive plantations could consist of coppiced or pollarded trees, and were often managed as a commons. However, coppicing and pollarding were not techniques seen only in large-scale forest management. Small woodlands in between fields or next to a rural house and managed by an individual household would be coppiced or pollarded. A lot of wood was also grown as line plantings around farmyards, fields and meadows, near buildings, and along paths, roads and waterways. Here, lopped trees and shrubs could also appear in the form of *hedgerows*, thickly planted hedges. <sup>8</sup>



Image: Hedge landscape in Normandy, France, around 1940. Credit: W Wolny, public domain.



Image: Line plantings in Flanders, Belgium. Detail from the Ferraris map, 1771-78.

Although line plantings are usually associated with the use of hedgerows in England, they were common in large parts of Europe. In 1804, English historian Abbé Mann expressed his surprise when he wrote about his trip to Flanders (today part of Belgium): "All fields are enclosed with hedges, and thick set with trees, insomuch that the whole face of the country, seen from a little height, seems one continued wood". Typical for the region was the large number of pollarded trees. <sup>8</sup>

Like coppice forests, line plantings were diverse and provided people with firewood, construction materials and leaf fodder. However, unlike coppice forests, they had extra functions because of their specific location. <sup>9</sup> One of these was plot separation: keeping farm animals in, and keeping wild animals or cattle grazing on common lands out. Various techniques existed to make hedgerows impenetrable, even for small animals such as rabbits. Around meadows, hedgerows or rows of very closely planted pollarded trees ("pollarded tree hedges") could stop large animals such as cows. If willow wicker was braided between them, such a line planting could also keep small animals out. <sup>8</sup>



Image: Detail of a yew hedge. Credit: Geert Van der Linden.



Image: A hedgerow. Credit: Geert Van der Linden.



Image: Pollarded tree hedge in Nieuwekerken, Belgium. Credit: Geert Van der Linden.



Image: Coppice stools in a pasture. Credit: Jan Bastiaens.

Trees and line plantings also offered protection against the weather. Line plantings protected fields, orchards and vegetable gardens against the wind, which could erode the soil and damage the crops. In warmer climates, trees could shield crops from the sun and fertilize the soil. Pollarded lime trees, which have very dense foliage, were often planted right next to wattle-and-daub buildings in order to protect them from wind, rain and sun. <sup>10</sup>

Dunghills were protected by one or more trees, preventing the valuable resource from evaporating due to sun or wind. In the yard of a watermill, the wooden water wheel was shielded by a tree to prevent the wood from shrinking or expanding in times of drought or inactivity.  $\frac{8}{2}$ 



Image: A pollarded tree protects a water wheel. Credit: Geert Van der Linden.



Image: Pollarded lime trees protect a farm building in Nederbrakel, Belgium. Credit: Geert Van der Linden.

## **Location Matters**

Along paths, roads and waterways, line plantings had many of the same location-specific functions as on farms. Cattle and pigs were hoarded over dedicated droveways lined with hedgerows, coppices and/or pollards. When the railroads appeared, line plantings prevented collisions with animals. They protected road travellers from the weather, and marked the route so that people and animals would not get off the road in a snowy landscape. They prevented soil erosion at riverbanks and hollow roads.

All functions of line plantings could be managed by dead wood fences, which can be moved more easily than hedgerows, take up less space, don't compete for light and food with crops, and can be ready in a short time. <sup>11</sup> However, in times and places were wood was scarce a living hedge was often preferred (and sometimes obliged) because it was a continuous wood producer, while a dead wood fence was a continuous wood consumer. A dead wood fence may save space and time on the spot, but it implies that the wood for its construction and maintenance is grown and harvested elsewhere in the surroundings.



Image: Pollarded tree hedge in Belgium. Credit: Geert Van der Linden.

Local use of wood resources was maximised. For example, the tree that was planted next to the waterwheel, was not just any tree. It was red dogwood or elm, the wood that was best suited for constructing the interior gearwork of the mill. When a new part was needed for repairs, the wood could be harvested right next to the mill. Likewise, line plantings along dirt roads were used for the maintenance of those roads. The shoots were tied together in bundles and used as a foundation or to fill up holes. Because the trees were coppiced or pollarded and not cut down, no function was ever at the expense of another.

Nowadays, when people advocate for the planting of trees, targets are set in terms of forested area or the number of trees, and little attention is given to their location – which could even be on the other side of the world. However, as these examples show, planting trees closeby and in the right location can significantly optimise their potential.

#### Shaped by Limits

Coppicing has largely disappeared in industrial societies, although pollarded trees can still be found along streets and in parks. Their prunings, which once sustained entire communities, are now considered waste products. If it worked so well, why was coppicing abandoned as a source of energy, materials and food? The answer is short: fossil fuels. Our forebears relied on coppice because they had no access to fossil fuels, and we don't rely on coppice because we have.

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Most obviously, fossil fuels have replaced wood as a source of energy and materials. Coal, gas and oil took the place of firewood for cooking, space heating, water heating and industrial processes based on thermal energy. Metal, concrete and brick – materials that had been around for many centuries – only became widespread alternatives to wood after they could be made with fossil fuels, which also brought us plastics. Artificial fertilizers – products of fossil fuels – boosted the supply and the global trade of animal fodder, making leaf fodder obsolete. The mechanisation of agriculture – driven by fossil fuels – led to farming on much larger plots along with the elimination of trees and line plantings on farms.

Less obvious, but at least as important, is that fossil fuels have transformed forestry itself. Nowadays, the harvesting, processing and transporting of wood is heavily supported by the use of fossil fuels, while in earlier times they were entirely based on human and animal power – which themselves get their fuel from biomass. It was the limitations of these power sources that created and shaped coppice management all over the world.



Image: Harvesting wood from pollarded trees in Belgium, 1947. Credit : Zeylemaker, Co., Nationaal Archief (CCO)



Image: Transporting firewood in the Basque Country. Source: Notes on pollards: best practices' guide for pollarding. Gipuzkoaka Foru Aldundía-Diputación Foral de Giuzkoa, 2014.

Wood was harvested and processed by hand, using simple tools such as knives, machetes, billhooks, axes and (later) saws. Because the labour requirements of harvesting trees by hand increase with stem diameter, it was cheaper and more convenient to harvest many small branches instead of cutting down a few large trees. Furthermore, there was no need to split coppiced wood after it was harvested. Shoots were cut to a length of around one metre, and tied together in "faggots", which were an easy size to handle manually.

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To transport firewood, our forebears relied on animal drawn carts over often very bad roads. This meant that, unless it could be transported over water, firewood had to be harvested within a radius of at most 15-30 km from the place where it was used. <sup>12</sup> Beyond those distances, the animal power required for transporting the firewood was larger than its energy content, and it would have made more sense to grow firewood on the pasture that fed the draft animal. <sup>13</sup> There were some exceptions to this rule. Some industrial activities, like iron and potash production, could be moved to more distant forests – transporting iron or potash was more economical than transporting the firewood required for their production. However, in general, coppice

forests (and of course also line plantings) were located in the immediate vicinity of the settlement where the wood was used.

In short, coppicing appeared in a context of limits. Because of its faster growth and versatile use of space, it maximised the local wood supply of a given area. Because of its use of small branches, it made manual harvesting and transporting as economical and convenient as possible.

# **Can Coppicing be Mechanised?**

From the twentieth century onwards, harvesting was done by motor saw, and since the 1980s, wood is increasingly harvested by powerful vehicles that can fell entire trees and cut them on the spot in a matter of minutes. Fossil fuels have also brought better transportation infrastructures, which have unlocked wood reserves that were inaccessible in earlier times. Consequently, firewood can now be grown on one side of the planet and consumed at the other.

The use of fossil fuels adds carbon emissions to what used to be a completely carbon neutral activity, but much more important is that it has pushed wood production to a larger – unsustainable – scale. [14] Fossil fueled transportation has destroyed the connection between supply and demand that governed local forestry. If the wood supply is limited, a community has no other choice than to make sure that the wood harvest rate and the wood renewal rate are in balance. Otherwise, it risks running out of fuelwood, craft wood and animal fodder, and it would be abandoned.



Image: Mechanically harvested willow coppice plantation. Shortly after coppicing (right), 3-years old growth (left). Credit: Lignovis GmbH (CC BY-SA 4.0).

Likewise, fully mechanised harvesting has pushed forestry to a scale that is incompatible with sustainable forest management. Our forebears did not cut down large trees for firewood, because it was not economical. Today, the forest industry does exactly that because mechanisation makes it the most profitable thing to do. Compared to industrial forestry, where one worker can harvest up to 60 m3 of wood per hour, coppicing is extremely labour-intensive. Consequently, it cannot compete in an economic system that fosters the replacement of human labour with machines powered by fossil fuels.

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Some scientists and engineers have tried to solve this by demonstrating coppice harvesting machines. <sup>15</sup> However, mechanisation is a slippery slope. The machines are only practical and economical on somewhat larger tracts of woodland (>1 ha) which contain coppiced trees of the same species and the same age, with only one purpose (often fuelwood for power generation). As we have seen, this excludes many older forms of coppice management, such as the use of multipurpose trees and line plantings. Add fossil fueled transportation to the mix, and the result is a type of industrial coppice management that brings few improvements.



Image: Coppiced trees along a brook in 's Gravenvoeren, Belgium. Credits: Geert Van der Linden.

Sustainable forest management is essentially local and manual. This doesn't mean that we need to copy the past to make biomass energy sustainable again. For example, the radius of the wood supply could be increased by low energy transport options, such as cargo bikes and aerial ropeways, which are much more

efficient than horse or ox drawn carts over bad roads, and which could be operated without fossil fuels. Hand tools have also improved in terms of efficiency and ergonomics. We could even use motor saws that run on biofuels – a much more realistic application than their use in car engines.  $\frac{16}{10}$ 

# The Past Lives On

This article has compared industrial biomass production with historical forms of forest management in Europe, but in fact there was no need to look to the past for inspiration. The 40% of the global population consisting of people in poor societies that still burn wood for cooking and water and/or space heating, are no clients of industrial forestry. Instead, they obtain firewood in much of the same ways that we did in earlier times, although the tree species and the environmental conditions can be very different. <sup>17</sup>

A 2017 study calculated that the wood consumption by people in "developing" societies – good for 55% of the global wood harvest and 9-15% of total global energy consumption – only causes 2-8% of anthropogenic climate impacts. <sup>18</sup> Why so little? Because around two-thirds of the wood that is harvested in developing societies is harvested sustainably, write the scientists. People collect mainly dead wood, they grow a lot of wood outside the forest, they coppice and pollard trees, and they prefer the use of multipurpose trees, which are too valuable to cut down. The motives are the same as those of our ancestors: people have no access to fossil fuels and are thus tied to a local wood supply, which needs to be harvested and transported manually.



Image: African women carrying firewood. (CC BY-SA 4.0)

These numbers confirm that it is not biomass energy that's unsustainable. If the whole of humanity would live as the 40% that still burns biomass regularly, climate change would not be an issue. What is really unsustainable is a high energy lifestyle. We can obviously not sustain a high-tech industrial society on coppice forests and line plantings alone. But the same is true for any other energy source, including uranium and fossil fuels.

Written by Kris De Decker. Proofread by Alice Essam.